KS5 CURRICULUM Sport BTEC Level 3



BTEC Level 3 National Extended Certificate in Sport, equivalent to 1 A Level or

BTEC Level 3 National Diploma in Sport, equivalent to 2 A Levels

Entry Requirements: No additional requirements

In the Sixth Form, students will have the opportunity to extend their knowledge in sport by taking either a single or a double award in Level 3 Sport. Both courses are designed to provide students with a vocational understanding of the types of job available, if they choose a career in sport.

The National Extended Certificate in Sport includes 4 units of work, of which 3 are mandatory and 1 optional. Two mandatory units are externally assessed.

The National Diploma in Sport includes 9 units of which 6 are mandatory. Three mandatory units are externally assessed.

Year 12

- Anatomy and Physiology
- Professional Development in the Sports Industry
- Skill Acquisition (Diploma)
- Application of fitness testing (Diploma)
- · Fitness, Training and Programming for Health, Sport and Well-being

Year 13

- Fitness, Training and Programming for Health, Sport and Well-being
- Sports Leadership
- Coaching for performance (Diploma)
- Investigating Business in Sport and the Active Leisure Industry (Diploma)
- Practical Sports Performance (Diploma)

