



PSHE is taught across the school by teachers from many departments. The great experience and different strengths they bring with them, make PSHE more relevant to our students' lives. PSHE helps young people prepare themselves for the challenges of the real world. They listen to other people, share their own thoughts, and develop their own moral compass.

We consider many aspects of life to prepare our young people to take part in their education and wider lives with confidence. We aim to share information on many areas of their lives which may be challenging or difficult in the future.

| Year 7

- British Values.
- Adolescence and Parenting.
- Critical Consumerism.
- Anger.
- Healthy Eating and Resilience.
- Resilience and Independence.

| Year 8

- Looking After Each Other.
- Sexual Relationships.
- Money.
- Strong Emotions.
- Look After Your Body.
- Resilience.

